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Postdoc Career Development June 2, 2025

THE MENTEE EDITION

# MENTORING for POSTDOCS

02.06.2025

# Graphic Recording

## Welcome, Lana Lauren!

- Enjoy Lana's live drawings while following the event.
- Get a summary of the event with Lana at 11:25 in this room.
- Download your event booklet tomorrow on the event page.



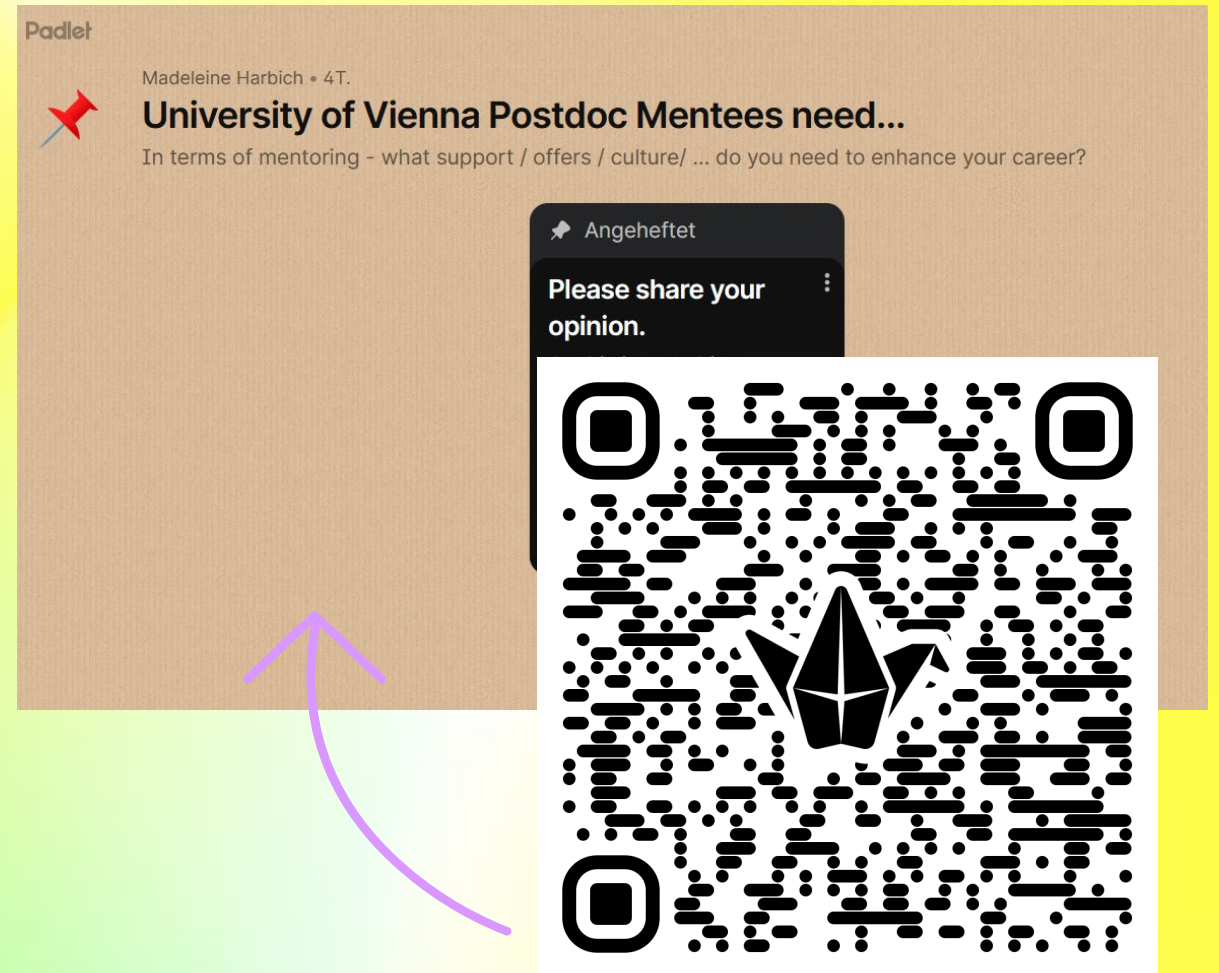
<https://www.lanalauren.com/>

# In Terms of Mentoring...

## University of Vienna Postdocs need...

In terms of mentoring - what support/offers / culture/ ... do you need to enhance your career?

- Share your opinion.
- Be part of the development of new formats.





**WHAT'S MENTORING GOT TO  
DO, GOT TO DO WITH IT?**

# What's Mentoring got to do, got to do with it?

## Voices from our Advisory Board

Mentoring should be a standard part of the culture.

Mentorship should not be obligatory.

Conceptualize tasks as mentoring - much happens without knowing it is mentoring.





# What's meant with Mentoring?

- It's a tool.
- It's not therapy – it's future-oriented.
- Non-directive learning conversation
- Experience-based contextualisation
- Advice or Guidance
- Not a right way to do it, but frameworks for good practice

# What's Mentoring got to do, got to do with it?

Be proactive about seeking various Mentors who can help you develop a comprehensive portfolio of skills.

Acquire the art of seeking out and approaching mentors with different qualities (not just those with impressive careers).

THINKING  
LOUD IS VERY  
POWERFUL!





# PARALLEL SESSIONS SCOPE FOR ACTION FOR MENTEES



# Parallel Sessions Scope for Action for Mentees: Programs, Guidelines, Voices from Peers



ACCOUNTABILITY AND PEERS



**PANEL:** HOW TO SHAPE A MENTORING  
RELATIONSHIP AS A MENTEE (PART 1)



MENTORING OFFER FOR FEMALE POSTDOCS

# Parallel Sessions Scope for Action for Mentees: Programs, Guidelines, Voices from Peers



**ALMA MENTORING: HOW MENTORING CAN  
SUPPORT YOU IN SHAPING YOUR FUTURE**



**PANEL: HOW TO SHAPE A MENTORING  
RELATIONSHIP AS A MENTEE (PART 2)**

# CONTACT

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